

## A Celtic Reflection:



Angels are our secret companions on our journey through this world. When we were set to earth there was a special angel chosen to accompany our every step, breath thought and feeling; this is your guardian angel. Right next to you, as near as your skin, is your guardian angel. Your angel has special responsibility for your life watching over you and keeping a circle of light around your life lest any negative power take you over or damage you in any way. Though you probably never think of your angel, your angel can never stop thinking of you and never leaves your side for one second.

Your angel is ancient, as old as eternity itself. Thus, your angel has a memory which is older than the earth itself. Your angel was there when the great Spirit began to dream of creating you. So no one, not even you, knows you as well as your angel does. Your angel is aware of the secret life that sleeps in your soul and watches over all your possibilities.

Without your even knowing it, your angel is always at work for you. you can sense this, if you think for a moment of the thresholds in your life. You know how often a feeling would come over you that you should contact an old friend, or someone you had not seen for a while. You do this and you find that they really need you, that it is a bad time for the person, or whatever. Or someone could come into your mind, you think about them and the next thing, you get a letter, a phone call or a visit from that person.

Artists could never create without the inspiration which the angel brings. The angel watches over that secret threshold where the shy invisible comes into visible form. Any art which lacks inspiration is ultimately dry and mechanical. Something inspired has the surprise, vitality and warmth of the eternal within it.

Angels are playful and light. They are often depicted as playing musical instruments. There is none of the deadness, seriousness or narrowness which affects so much religion and which has nothing to do with the eternal but everything to do with the fears and the competitiveness of the ego. Angels are particularly present around young children. A baby is not just a miniature adult. A baby is a creature who is just fresh from eternity. It takes a new baby a few years to get used to this mortal world. That is why in Conamara when a baby looks into the middle distance and smiles, people often say: *Ta si ag caint leis na b-aingil*—she is talking to the angels. A nice way to send light and love to someone far away from you is to ask your angel bring it.

